

## Homemade Lemonade

Tree House for Grown-Ups | April 2008



START TO FINISH: 20 MINUTES

- 2 CUPS GRANULATED SUGAR
- 1½ CUPS FRESHLY SQUEEZED LEMON JUICE, CHILLED
- ¼ TSP. SALT
- 8 CUPS BOTTLED SPRING WATER, CHILLED
- 2 MEDIUM LEMONS, WASHED AND THINLY SLICED
- FRESH MINT SPRIGS (OPTIONAL)

In a large pitcher combine sugar, freshly squeezed lemon juice, salt, and water. Stir well until the sugar is dissolved; add lemon slices. Chill until ready to use. Serve over ice and garnish with mint sprigs, if desired. Makes 8 to 12 servings (about 11 cups).

Per serving: 212 cal., 0 g total fat (0 g sat. fat), 0 mg chol., 81 mg sodium, 57 g carbo., 1 g dietary fiber, 0 g protein.